



Smithdon High School
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Ref: AMo/NW

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Dear Parent

Year 7 Team Building Day

Year 7 will be taking part in a team building event on Friday 22 November. They will need to come to school in non-uniform: in their house colours or in their PE kit. Please make sure that they wrap up warm as we will be doing some events outside: hats, gloves and underlayers are recommended. Students must also wear appropriate clothing and trainers to do sport. They should NOT wear jeans.

Throughout the day students will be working in their form group houses. The houses and the colours are:

KBr	KHO	LRU	VBa
Farrah	Ennis-Hill	Moore	Redgrave

The students' day will be based on a scenario called "Blackout" and taught around the RESPECT framework:

- Resilience
- Empathy
- Self awareness
- Positivity
- Excellence
- Communication
- Teamwork

These skills are all really important to develop and allow the students to become confident and independent young people.

On Friday, the timings of the day will be slightly different for Year 7 only: break will be at 10.25am and lunch will be at 12.30pm. Students will still be able to buy food from the canteen.

Please encourage your child to get fully involved on the day to ensure they get the most out of the activities.

Thank you for your continued support.

Yours sincerely

Ms A Moat
Assistant Headteacher

