



SMITHDON HIGH SCHOOL  
HUNSTANTON

**Year 11 Information and Tutor  
Evening  
Thursday 12 September 2024**

*Work hard, be kind and smile*

# The Year Ahead

Week commencing Monday 30 September 2024 – Year 11 PPE week 1

Week commencing Monday 7 October 2024 – Year 11 PPE week 1

Wednesday 20 November 2024 - Year 11 Progress Reports and Feedback Forms to Parents

Thursday 16 January 2025 – Year 11 Subject evening

Week commencing Monday 27 January 2025 – Year 11 PPE period 2

Week commencing Monday 3 February 2025 – Year 11 PPE period 2

Week commencing Monday 10 February 2025 – Year 11 PPE period 2

Tuesday 25 March 2025 - Year 11 Progress Reports and Feedback Forms to Parents

GCSE written Exam dates – Thursday 8 May to Wednesday 25 June 2025 (Art, Drama, MFL Speaking, Music, PE Moderation will be outside these dates)

Celebration Morning – Friday 20 June 2025

Prom – Thursday 26 June 2025

GCSE Results Day – Thursday 21 August 2025

Booster session timetable to be circulated

Form Time intervention

Saturday Maths is very successful  
contact Mrs Evans for details

# Post 16 Choices



- Until students are 18 they can either stay in **full-time education**, start an **apprenticeship**, or spend 20 hours or more a week **working or volunteering while in part-time education or training**.
- Students have updated their CVs to include details of work experience and are currently writing their personal statements which will support applications.
- During directed tutor time students will be shown how to investigate post 16 providers (locally and nationally), identifying different courses and study levels appropriate to their predicted grades.

# Applications



Applications will then be completed through Norfolk County Councils Help You Choose website. Students will be shown how to log in and make these applications.

We strongly advise discussions at home regarding these choices, along with booking a virtual one-to-one appointment with our level 6 careers advisor at a time convenient for parents to attend to – either in the evenings or weekends. These can be booked via Miss Fairweather (Smithdon's Careers Lead) along with any questions you may have about the application process or potential routes/courses. Please email

**[s.fairweather@smithdonhigh.org.uk](mailto:s.fairweather@smithdonhigh.org.uk)**

# Google Classroom

Student view and how to use

# Classroom



- Home
- Calendar
- Enrolled
  - To do
  - 1 11 H65C CW Classroom O...  
Vocational
  - 1 11D Health & Social Care  
Vocational
  - S SMI23-10M/Ma1  
SMI23-10M/Ma1
  - E English 10D  
SMI23-10D
  - S SMI23-10C/Rp1  
SMI23-10C/Rp1
  - S SMI23-10A/Fr1  
SMI23-10A/Fr1
  - S SMI23-10B/Hi1  
SMI23-10B/Hi1
  - S SMI23-10ADU  
SMI23-10ADU
  - S SMI23-CLS ADu  
SMI23-CLS ADu
  - D Dungeons and Dragons club
  - Y Year 10 Careers  
Careers
  - S Student Arts Council
- Archived classes



**11D Health & Social Care**  
Vocational  
A Most

**SMI23-10M/Ma1**  
SMI23-10M/Ma1  
H Johnson

**English 10D**  
SMI23-10D  
N Carlton

**SMI23-10C/Rp1**  
SMI23-10C/Rp1  
E Fysh



**SMI23-10B/Hi1**  
SMI23-10B/Hi1  
A Corder

Due Thursday  
Homework for Thursday 12th S...

**SMI23-10ADU**  
SMI23-10ADU  
Angus Duncan

**SMI23-CLS ADu**  
SMI23-CLS ADu  
Angus Duncan

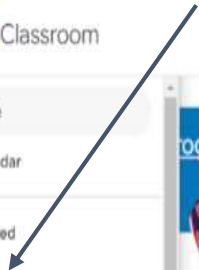
**Dungeons and Drago...**  
Angus Duncan



**Student Arts Council**  
A Barnes

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Classroom > To do

Home

Calendar

Enrolled

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SM123-10ADU

S SM123-CLS ADu  
SM123-CLS ADu

D Dungeons and Dragons club

Y Year 10 Careers  
Careers

S Student Arts Council

Archived classes

Assigned Missing Done

All classes

No due date 18

This week 1

Homework for Thursday 12th September  
SM123-10B/Hi1 Thursday, 23:59

Next week 0

Later 0



classroom.google.com/a/not-turned-in/all

Smithdon BookMarks

Classroom > To do

Home  
Calendar

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- Settings

Stream Classwork People



Upcoming

Woohoo, no work due in soon!

[View all](#)



Announce something to your class



A Moat posted a new material: 2.4 PIES 09:08



A Moat posted a new material: 1.3 The benefits to service users' health and wellbeing when t... 6 Sept



A Moat 5 Sept



PPE date:

R032 - Friday 11th October 9am for 1 hour 15 mins, in sports hall.

You will need to know:

Types of care settings - health and social settings

The rights of a service user: Choice, Confidentiality, Consultation, Equal and Fair Treatment, Protection from Harm and Abuse

Safeguarding and impact of lack of safeguarding on a health and social care setting/ service user

View your work

All topics

## R035: Health Promotion Campaign

- 1.1 The importance of a Healthy Society Posted 4 Jun
- 1.2 Current challenges to public health Posted 5 Jun
- 1.3 Organisations promoting public health... Posted 11 Jun
- 1.4 Health promotion campaigns Posted 13 Jun

## R032: Principles of Care in Health and Social C...

- 2.4 PIES Posted 09/08
- Exam Prep Posted 5 Sept
- 1.1 Types of care settings Due 8 May
- 1.2.1 The rights of service users - Choice Due 9 May



Home

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D Dungeons and Dragons club

Y Year 10 Careers  
Careers

S Student Arts Council

Archived classes

Settings

## Homework for Thursday 12th September

A Corder • 6 Sept

100 points

Due 12 Sept

Watch the pods and fill in the sheets

 GCSEPod  
<https://members.gcsepod.com/sha>

7. GCSEPod The police state...  
Word

9. GCSEPod Propaganda.docx  
Word

5. GCSEPod Education in Na...  
Word

7. GCSEPod Women.docx  
Word

 Class comments

[Add a class comment](#)

Your work Assigned

[+ Add or create](#)

[Mark as Done](#)

 Private comments

[Add comment to A Corder](#)



# Google Classroom

Parent summary email



Google Classroom

## Weekly summary for [redacted]

28 Jun – 5 Jul 2024

### Missing from last week

SM23-01/013



Revision for assessment on the 4th July

#### End of topic Assessment

Hi all,

You have your end of topic assessment coming up next week.

Please ensure that you are using your Knowledge organiser to revise from.

Any questions please ask

Mrs Dibble

Due 3 Jul 🕒

### Due next week

SM23-01/013

SM23-01/013

### Due next week

SM23-0A/SC1



Biology topic 3 Quiz 2

Please complete the quiz - Knowledge organisers may help. )

Due 8 Jul 🕒

SM23-01/013



Practical - 10th July - Burgers & Chips

Gourmet Burger and chips

Ingredients

225g (1lb) of minced meat

3 teaspoons dry porridge oats

1 small onion

1 small egg

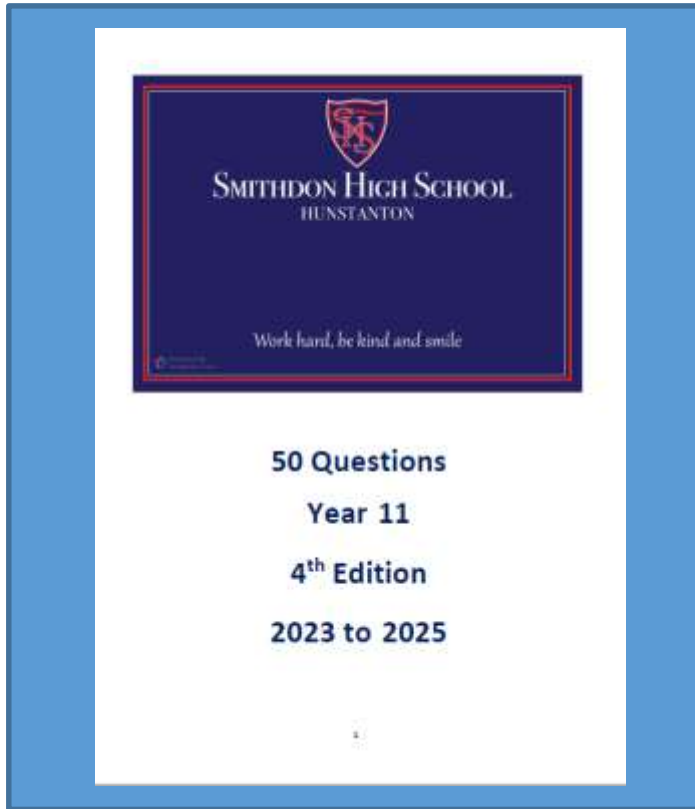
2 Burger buns

1 large potato

Optional - Relish, salad garnish, bacon and/or cheese

Due 8 Jul 🕒

# 50 Questions Booklet



- All students have a copy - reissued for Year 11.
- These are to be brought to every lesson.
- Parents can help students learn the facts.
- Students can tick them off as they know them.

Assignments can be found through the notification button



The screenshot displays the gseepod user interface. At the top, there is a search bar labeled "Enter search term or Pod Code". Below the search bar is a grid of 28 subject icons, each with a unique icon and text label. The subjects are arranged in four rows and seven columns. A sidebar on the left contains navigation options: Home, Teach, Assess, Manage, Engage, Reports, Refer, and Dark Mode. The subjects included in the grid are:

Row	Column	Subject
1	1	British Values
1	2	Maths
1	3	Statistics
1	4	Achieve Maths
1	5	Getting Ready for KS5
1	6	English Literature
1	7	English Language
2	1	Achieve English
2	2	Study Smart
2	3	Biology
2	4	Chemistry
2	5	Physics
2	6	Combined Sciences
2	7	Geography
3	1	History
3	2	Religious Studies
3	3	ICT
3	4	IT (Cambridge Nationals)
3	5	IT (AQA Technical Award)
3	6	French
3	7	German
4	1	Business
4	2	Physical Education
4	3	Health and Fitness
4	4	Keeping Fit and Healthy
4	5	Music Theory
4	6	Food Preparation and Nutrition
4	7	Design and Technology

If you need passwords reset – speak to staff



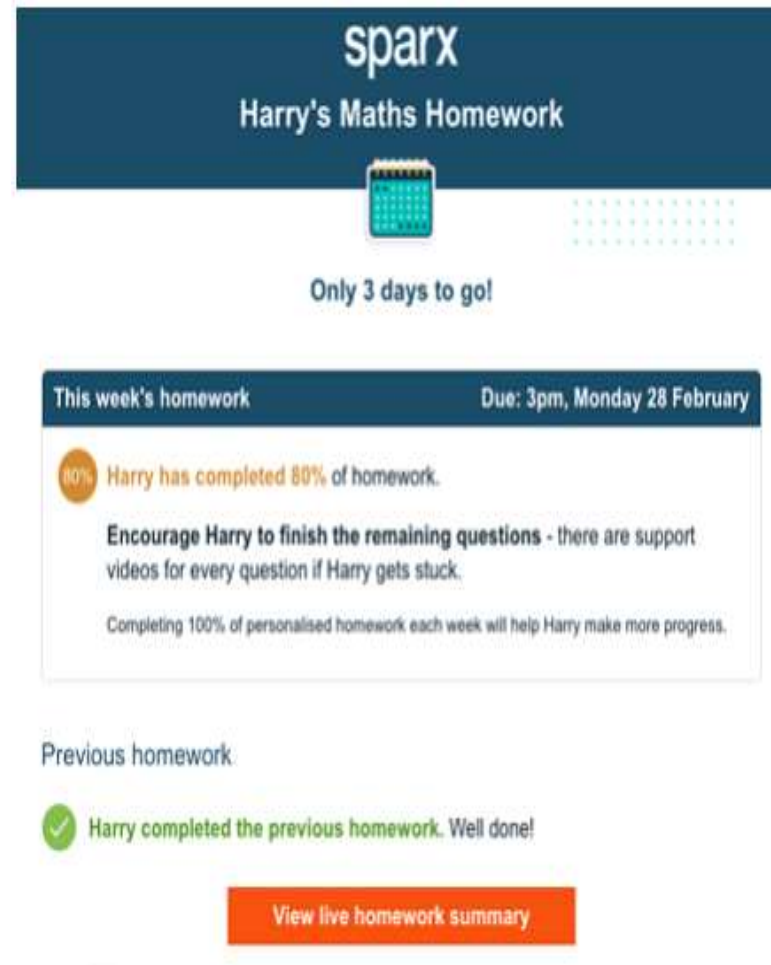
# A subject example

The screenshot displays a website interface for Geography. On the left is a dark green sidebar with a white location pin icon and the text 'Geography'. Below this are three menu items: 'Exam Board', 'Edexcel A', and 'Topic'. The 'Topic' menu is selected, showing 'The Changing Landscapes of the UK'. The main content area has a white header with a 'Back' button, a breadcrumb trail 'Subjects / Exam Boards / Topics / Tiles', and a search bar. On the right of the header are three buttons: 'Something missing?', 'Download content list', and 'All Content'. The main content area features five green tiles. The first tile is titled 'Overview of the UK's physical landscape' and includes a 'Geography' icon and a 'Last visited: 7 months ago' timestamp. The second tile is titled 'Coastal Landscapes and Processes' and includes a diagram of a coastline with labels 'Headland', 'Bay', and 'Estuary', and a 'Last visited: 30 months ago' timestamp. The third tile is titled 'River Landscapes and Processes' and includes a 'Geography' icon and a 'Last visited: 30 months ago' timestamp. The fourth tile is titled 'Glaciated upland landscapes and...' and includes a diagram of jagged mountains with the text 'Repeated melting is freezing, contracting & expanding' and 'Jagged & irregular', and a 'Last visited: 3 months ago' timestamp. The fifth tile is partially visible and contains a 'Geography' icon.

Exam board specific  
Videos allow students to revise  
content

# Sparx Maths

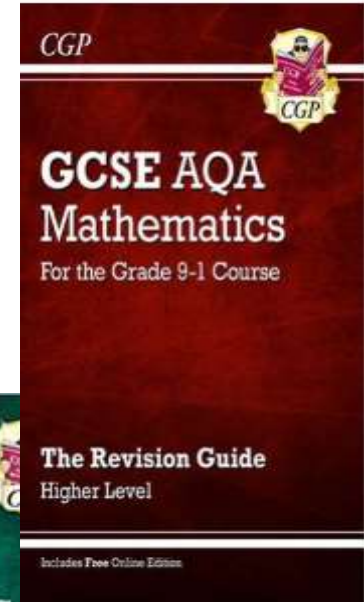
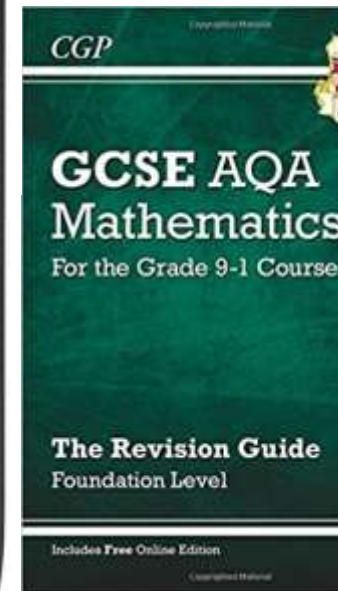
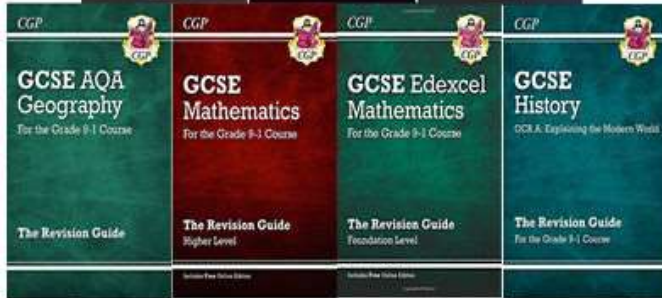
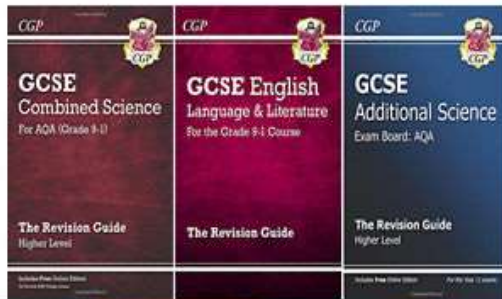
- Automatic weekly (online) homework
- Year 11 students homework is focused on exam revision, so most teachers will be setting exam questions.
- However SPARX is still available for their own revision.
- Weekly emails will be sent to parents from SPARX, to inform you how your child is progressing in their weekly home-work.
- Live summary of home-works on the parent portal.
- Email (three days beforehand at 4:30pm) automatically sent to parents, from SPARX, to notify them when their child's homework is due.



The screenshot shows the Sparx Maths Homework interface for a student named Harry. At the top, the Sparx logo is displayed in white on a dark blue background, followed by the text "Harry's Maths Homework". Below this is a calendar icon and a progress bar. A notification states "Only 3 days to go!". The main section is titled "This week's homework" with a due date of "3pm, Monday 28 February". It shows that Harry has completed 80% of his homework. A message encourages Harry to finish the remaining questions, mentioning support videos. A note states that completing 100% of personalized homework each week will help Harry make more progress. Below this, there is a section for "Previous homework" which shows a green checkmark and the message "Harry completed the previous homework. Well done!". At the bottom right, there is an orange button labeled "View live homework summary".

[https://f.hubspotusercontent30.net/hubfs/5530880/KB%20Resources%20Summer%202021/Parent%20video\\_v2.mp4](https://f.hubspotusercontent30.net/hubfs/5530880/KB%20Resources%20Summer%202021/Parent%20video_v2.mp4)

# Useful Resources for Independent Study



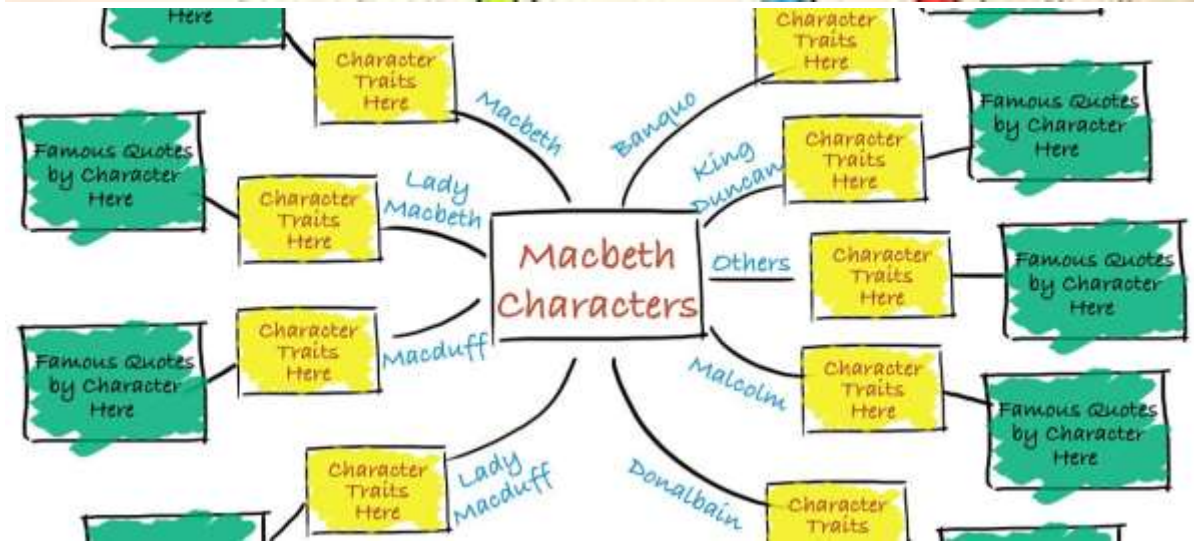
GCSE Revision Guides and Casio Scientific Calculators are available to purchase through the online School Shop.

# Extra Information

# Revision Techniques

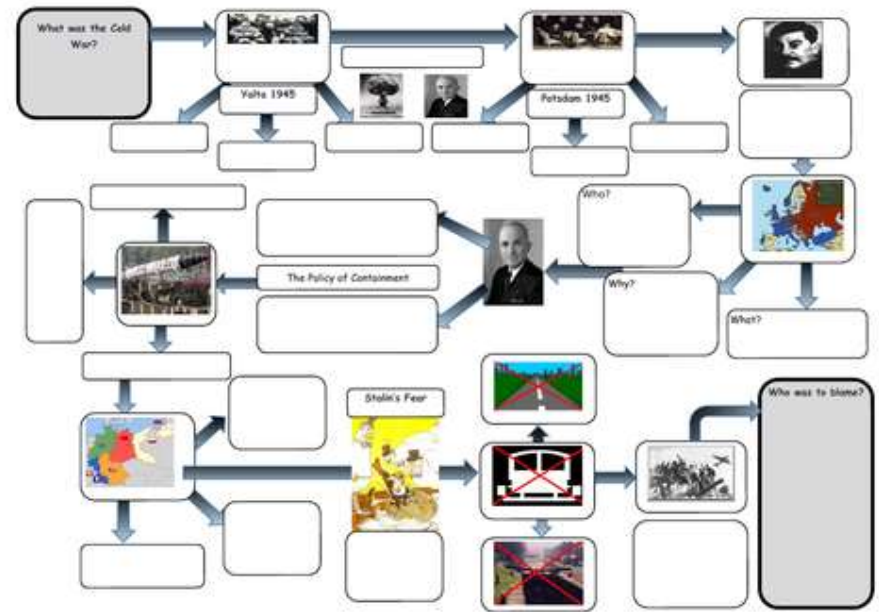
# Mind Maps

- Visual way to organise information
- Great to revise a topic or study
- Good for most subjects
- You can make them colourful and stick them up in a place where you will see them.



# Revision flowcharts

- Allows you to revise a topic from the start to the end.
- Allows the learning of events, sequences or processes.
- They can include words and images but do not need to be fancy.
- As they are visual they can be placed in a prominent place for learning.



# Revision Clock

- A way of revising which can break a topic down into 12 sub-categories.
- Make notes in each chunk of the clock.
- Revise each slot for 5 minutes, turn the clock over and get someone to ask you to recite back certain sections of the clock e.g. 'what was in section 2-3?'





# Post-it notes





ONE:  
Look  
Cover  
Write

### **Mrs Birling**

Mrs Birling represents the upper middle-class (almost aristocratic) old world view of society. She believes that good manners are a way of showing that wealth and status are proper and well-deserved. This is why she praises the cook and manages her children's behaviour so diligently. She also believes the poor are either deserving or not. She thinks Eva's poverty is Eva's own fault and thinks Eva is 'disgusting'.

### **Sheila Birling**

Sheila Birling represents the younger generation who have the opportunity to reflect on how things are and make changes in the world. Although she initially sees Eva as, "impertinent" because Eva appears to break societal norms by being rude to someone of a 'superior' class, the Inspector helps Sheila see that she is in the wrong. Sheila is the hope of a better future, which will come through personal soul-searching and reflection. She also symbolises the increasing independence of women of her status in this era.

Two:

Reduce

Inspector Goole

- Moral conscience
- Frames audience view
  - Mouth-piece
- We are members of one body

Three:  
Layers



# Index Cards

Write the  
question  
on both  
sides



One

Shuffle -

Revise  
different  
subjects  
simultaneousl  
y



# A Revision Plan

is the best way to prepare

WEEK BEGINNING: \_\_\_\_\_

DAY	Monday	Tuesday	Wednesday	Thursday	Friday
7-8am					
3-4pm					
4-5pm					
5-6pm					
6-7pm					
7-8pm					
8-9pm					



DAY	Saturday	Sunday
10-11am		
11-12pm		
12-1pm		
1-2pm		
2-3pm		
3-4pm		
4-5pm		
5-6pm		



# Key things to include:

- **Rest breaks:**

- Meal times
- At least one planned relaxation activity per day  
(a hobby, exercise, computer game, catch up with friends, etc)
- Revision sessions put on in school
- Travel time home from school

- **A variety of subjects, not a block of just one**

(more than an hour on one subject becomes unproductive)

- **Precise revision topics – not just a vague subject reference**

- To ensure you cover all aspects of the subject over the revision periods
- E.g. Maths – geometry, English – writing, Science – biology-bioenergetics

# Attendance and Punctuality



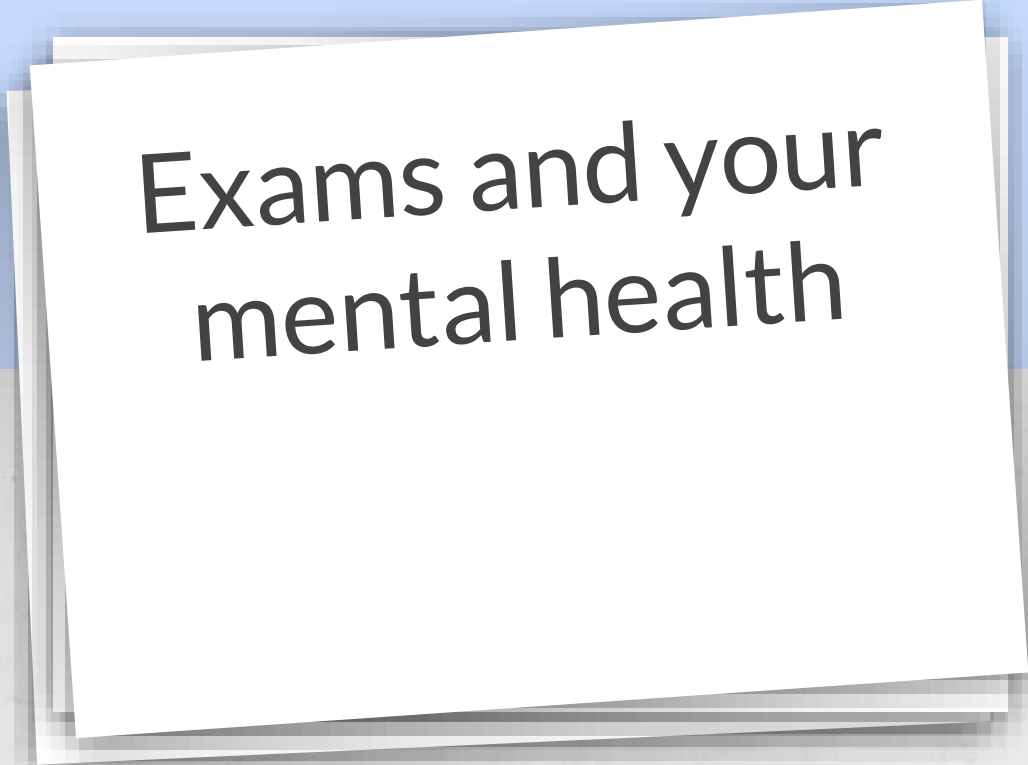
# Attendance Matters



# Getting the balance right

- School work
- Paid work
- Leisure



A stack of white papers is centered on a background that is light blue at the top and light grey at the bottom. The top sheet of the stack is slightly offset to the right and down, showing the edges of the papers underneath. The text 'Exams and your mental health' is written in a bold, black, sans-serif font on the top sheet.

# Exams and your mental health

A stack of white papers is centered on a background that is light blue at the top and light grey at the bottom. The top sheet of the stack is slightly offset to the right and forward, showing the word "Routine" in a black, sans-serif font. The papers have soft shadows, giving them a three-dimensional appearance.

Routine

A stack of white papers is centered on a background that is light blue at the top and light grey at the bottom. The top sheet of paper is slightly offset to the right and down, showing the edges of the papers underneath. The text "Eat Well" is printed in a bold, black, sans-serif font on the top sheet.

**Eat Well**

## Good eating routines for exams

Always eat breakfast.  
Start your day with a breakfast high in carbohydrate - cereal or toast.

Avoid stodgy heavy food at lunch, this can make you feel tired and sluggish.

Base your evening meal on the eatwell guide, this will give you a good balance of all the nutrients you need.



Drink water throughout the day to keep hydrated.

## Good foods to eat and foods to avoid

Good foods -

- Fish - high in omega 3, helps brain function
- Cereal, pasta, rice, potatoes (not chips) - high in carbohydrate, you slow release energy
- Eggs, lean meat, milk and soya - protein filled foods help with concentration and mental capacity.
- Bananas, cereal bars (low sugar) and carrots stick etc - all healthy snacks.



Foods to avoid -

- Fatty foods, crisps, sausage rolls, chicken burgers - anything deep fried.
- Sugary foods - sweets, cakes, biscuits - you will have a little boost in energy but that will then cause a drop and you will be left feeling more tired than before.
- Drinks high in sugar and/or caffeine






*Sleep well*

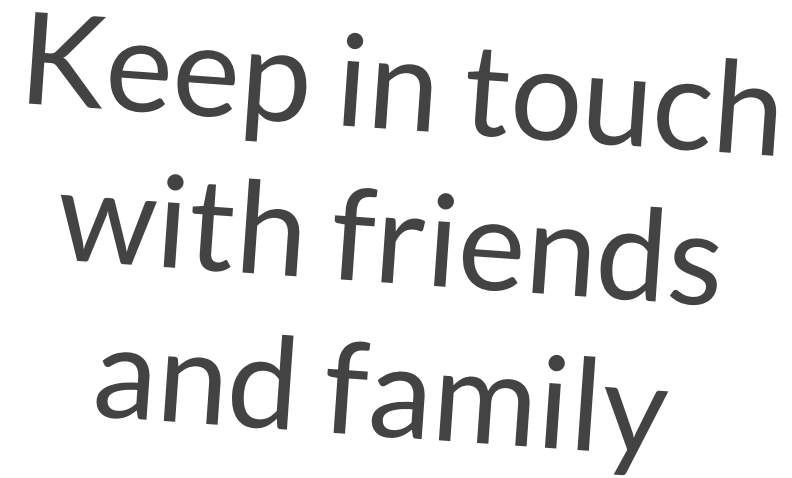


A stack of white sticky notes is centered on a background that is blue at the top and grey at the bottom. The top note is slightly offset to the right and has the text "Keep active" written on it in a black, sans-serif font. The notes have a slight shadow, giving them a three-dimensional appearance.

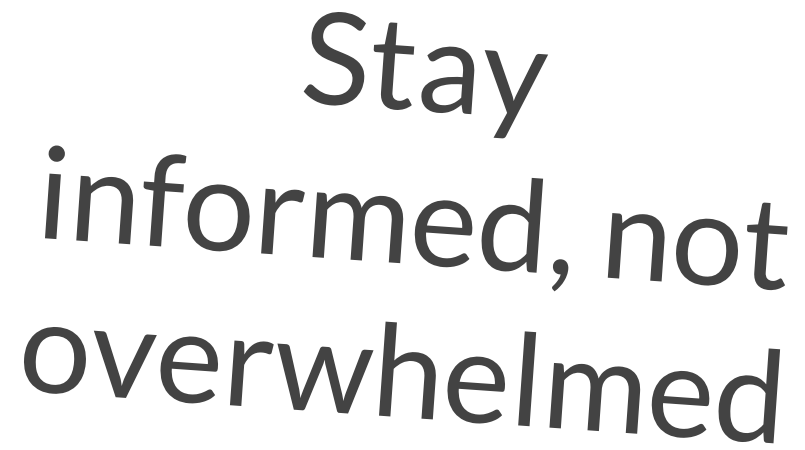
Keep active



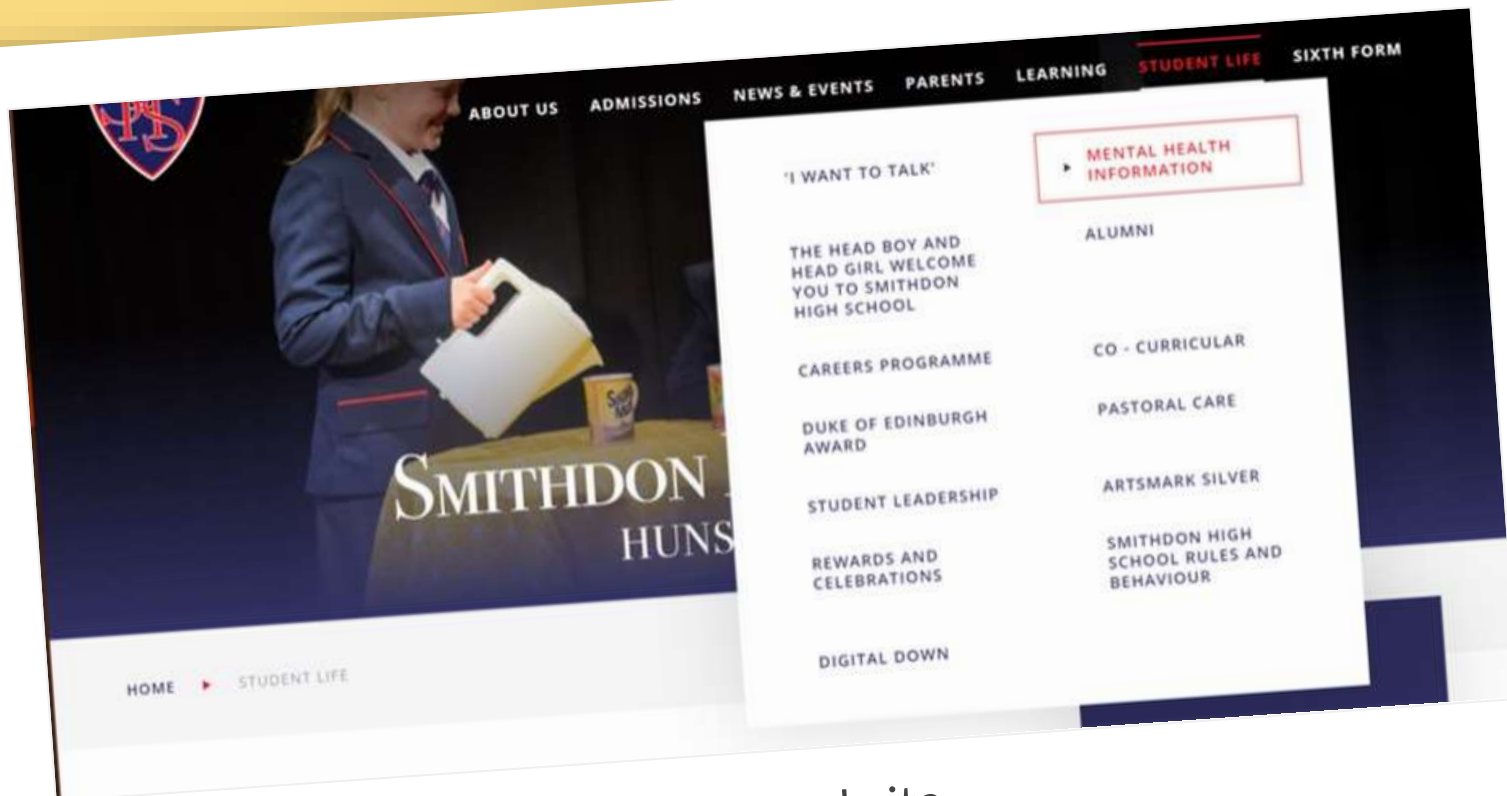
Keep  
learning

A stack of white sticky notes is centered on a background that is light blue at the top and light grey at the bottom. The top note is slightly offset to the right and down, showing the edges of the notes underneath. The text on the top note is in a bold, black, sans-serif font.

**Keep in touch  
with friends  
and family**

A stack of white sticky notes is centered on a background that is blue at the top and grey at the bottom. The top note is slightly offset to the right and has a soft shadow. The text on the note is in a clean, black, sans-serif font.

Stay  
informed, not  
overwhelmed



Our website

**and anonymous  
online counselling  
and support**

**"I don't think I could've spoken  
to someone face-to-face."**



Chat to our  
friendly counsellors



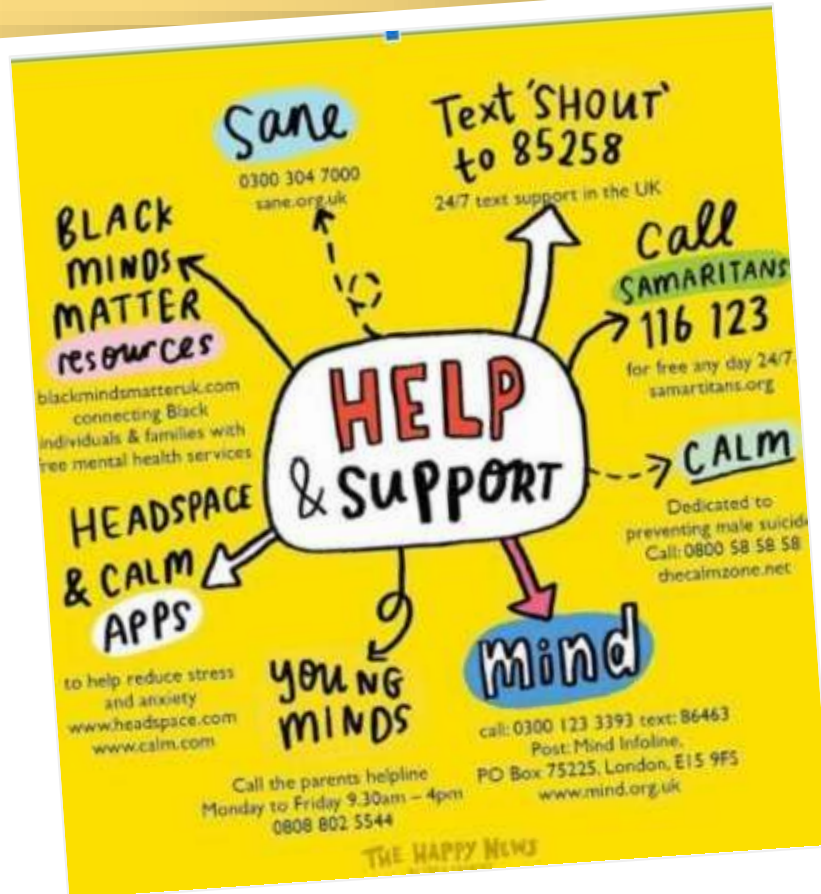
Read articles written  
by young people



Join live  
moderated forums

**kooth**

Kooth



Other sources of support



*Work Hard, Be Kind  
and Smile*